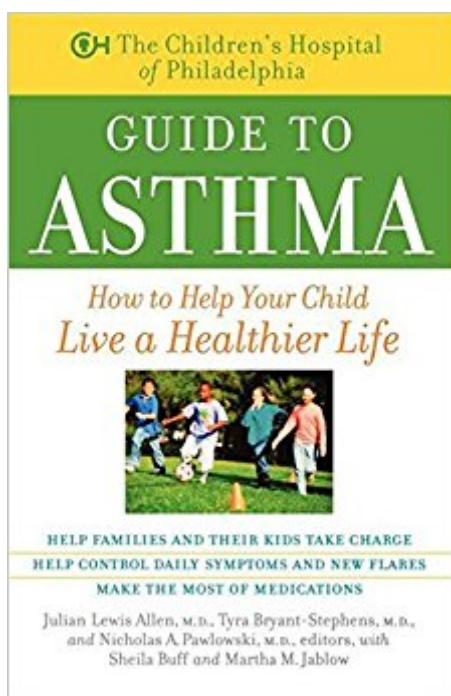


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# The Children's Hospital Of Philadelphia Guide To Asthma: How To Help Your Child Live A Healthier Life



## Synopsis

While asthma can't be cured, it can be treated and controlled so that your child can enjoy a healthier, more active life. In this important guide, the experts at the top-ranked children's hospital in the United States clearly explain what asthma is and how parents, caregivers, and young patients can manage it successfully. The Children's Hospital of Philadelphia Guide to Asthma features the most up-to-date information on the disease and the keys to optimal preventive treatment-controlling environmental conditions that trigger symptoms, making a proactive medical treatment plan, and consistently putting it into action at the first sign of trouble. You'll discover how asthma is diagnosed, what the common triggers are, how to select the best asthma medicines, and how to protect your child in and away from your home to help him or her live a fulfilling childhood that is as symptom-free as possible. This book:<sup>\*</sup> Reveals how to manage acute and emergency episodes of the disease<sup>\*</sup> Explains how to asthma-proof your home<sup>\*</sup> Addresses sports and exercise issues for children with asthma<sup>\*</sup> Discusses the special needs of toddlers and teens<sup>\*</sup> Features a series of vignettes about children with asthma<sup>\*</sup> Includes educational materials and resources, including community support

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## Customer Reviews

While asthma can't be cured, it can be treated and controlled so that your child can enjoy a healthier, more active life. In this important guide, the experts at the top-ranked children's hospital in the United States clearly explain what asthma is and how parents, caregivers, and young

patients can manage it successfully. The Children's Hospital of Philadelphia Guide to Asthma features the most up-to-date information on the disease and the keys to optimal preventive treatment; controlling environmental conditions that trigger symptoms, making a proactive medical treatment plan, and consistently putting it into action at the first sign of trouble. You'll discover how asthma is diagnosed, what the common triggers are, how to select the best asthma medicines, and how to protect your child in and away from your home to help him or her live a fulfilling childhood that is as symptom-free as possible. This book: Reveals how to manage acute and emergency episodes of the disease Explains how to asthma-proof your home Addresses sports and exercise issues for children with asthma Discusses the special needs of toddlers and teens Features a series of vignettes about children with asthma Includes educational materials and resources, including community support

A pioneer in pediatric medicine education and research, THE CHILDREN'S HOSPITAL OF PHILADELPHIA has fostered clinical innovations and scientific breakthroughs that have advanced pediatric health care worldwide. Children's Hospital was ranked as the best pediatric hospital in the nation in 2003 by U.S. News & World Report and Child magazines. All three editors are on staff at The Children's Hospital of Philadelphia: JULIAN LEWIS ALLEN, M.D., is the Chief of the Division of Pulmonary Medicine and Cystic Fibrosis Center and the Robert Girard Morse Endowed Chair in Pulmonary Medicine; TYRA BRYANT-STEVENS, M.D., is the Medical Director for the Community Asthma Prevention Program; and NICHOLAS A. PAWLOWSKI, M.D., is the Allergy Section Chief of the Division of Allergy and Immunology. SHEILA BUFF and MARTHA M. JABLOW are professional writers.

I have an asthmatic in the family and I bought the book to learn more about it. Since I know the Children's Hospital of Philadelphia, one of the best for children, I thought this was the place to start. I found the introduction of the book as an ebook online, and as soon as I finished reading I bought the book. I have learned a lot. It has clear and thorough explanations about asthma and how the different medicines work. Also, incredibly useful and easy to follow advice to asthma-proof your home. I found this incredibly helpful. The book is very easy to read, too. I strongly recommend it to anyone who wants to learn more about asthma, not just for kids but also for adults.

Asthma is for life - if your child has it you need information to guide your decisions and their treatment - do not assume your pediatrician has a handle on your child's illness; they may - but how do you

know if you have not armed yourself with information. This guide is a very helpful, detailed first step in getting a handle on your child's illness - understanding the course of treatment, medicines involved, causes, preventions, ect. Educate yourself for the long haul - it will benefit you, but more importantly it will benefit your child.

I cannot recommend more this book, it helped me a lot, being a mother of 2 children that are constantly in need of medicine. The book is easy to read, very well written. loved it

This book was very helpful in my understanding of childhood asthma. I know this is an increasing problem in the last few years, and this is a great resource. I especially liked the section on asthma myths - so many of those have been spread around causing misinformation and misunderstanding. I would highly recommend this to parents of children with asthma, and for healthcare professionals that care for these children. Bravo!

I loved it. As a pediatric pulmonologist, I found this book very helpful for my discussions with families. Chapter 4, "Medicines: The Right Way" was particularly outstanding. I recommend this book to all my patients. Asthma is an incredibly common problem in children and there have not been good resources to distribute or recommend. Thank you!

As a parent of a child with asthma, it can be very confusing to understand all the different medications my child takes, and the different tests that she has had. This book helps to make all that clear. I would strongly recommend it for any parents of children with asthma. I feel that I can trust the information from this reputable source.

Simple, easy to understand English. A very informative and practical guide to asthma for parents, caregivers, uncles , teachers et cetera.

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